

Opiod Overdose Prevention

With the rise of opiod overdoses and new legislature around its prevention, Tompkins Cortland CC offers clarity around campus policy, facts about opiod use, and resources available to all students, faculty, and staff. For questions or clarification, please reach out to: Ashley Dickson, AOD Prevention Coordinator, AFD004@tc3.edu

Policy on Illegal Drugs and Substance Use Education

Students and employees are prohibited from possessing or using alcohol or illegal drugs on campus or during any college activity. Tompkins Cortland CC acknowledges that substance use disorder (SUD) is a disability recognized by the ADA. Students, faculty, and staff in recovery are protected from discrimination. The College also recognizes that living with a chronic condition such as SUD brings many challenges, and is dedicated to offering resources and services to all students and employees.

About Opioids and Opioid Use Disorder	<p>Fact:</p> <p>Anyone can develop a substance use disorder. Even prescribed opioids can lead to misuse and addiction. While it is always safer to use a substance you are positive has not been tampered with and you are sure of the ingredients of, there is always a risk.</p> <p>Fact:</p> <p>Because the strength and dose of opiates can vary greatly, especially with the rise of fentanyl, even first-time use can cause overdose and death. Tolerance and addiction to opiates can develop quickly.</p> <p>Fact:</p> <p>Few people can quit alone. Of the roughly 2.7 million people estimated to have an opioid use disorder (OUD), less than 5% will find access to treatment. Tompkins Cortland CC offers supports for all students, including those with substance use disorders.</p>	
Education	<p>Health and Wellness Services (HWS) offers educational programming in and out of the classroom around all substance use. The Options Program is for any student who seeks to discuss their substance use habits.</p>	
Good Samaritan Policy	<p>Tompkins Cortland Community College will take Good Samaritan behavior into account in situations when a student has contacted emergency services because of their concern for someone else's health regarding alcohol, drugs, or other issues. This means students are protected from most conduct and legal ramifications when acting to save a life.</p>	
Narcan Training and Availability	<p>Narcan Training</p> <p>Training for use of Narcan is available to anyone in our campus community. Regular student and community trainings are held each semester. All Resident Assistants are trained each semester.</p> <p>Narcan Availability</p> <p>Narcan is available in the Health Center, Campus Police, most administrative offices, all Residence Life Offices, and with every Resident Assistant. If you would like your own Narcan, you can receive it after a brief training from the AOD Prevention Coordinator.</p>	
Recovery Supports	<p>HWS Counseling & Case Management</p> <p>Room 122</p> <p>Appointments can be made via email, phone call, or walk in. Call 607-844-6577 or email counseling@tc3.edu</p>	<p>Collegiate Recovery Program</p> <p>Room 178</p> <p>Weekly meetings, programming, CRPA services, and 1:1 mentoring is available through this program. See Declan Fullerton in 178 for more information.</p>