

# Recreation Leadership, A.S.

Fall 2024

## Therapeutic Recreation - Business Management - Coaching

Student's Name:

Advisor's Name:

**Student may need to take the following courses:**

- ENGL 098 - Accelerated Writing Skills for ENGL 100  
 RDNG 116 - College Reading and Study Skills

MATH Skills and Support Course

Course Requirement	Course Title	Credits	Min. Grade	Grade Earned T= Transfer	Semester Completed
<b>FIRST YEAR</b>					
<b>FALL</b>					
ENGL 100	Academic Writing I <sup>1</sup>	3	C		
PSYC 103 or SOCI 101	Introduction to Psychology <b>OR</b> Introduction to Sociology <sup>2</sup>	3			
RECR 110	Introduction to Recreation	3			
RECR 163	Teambuilding and Group Initiative Activities	1			
SUNY GEN ED Natural Sciences Elective <sup>3</sup>		3			
SUNY GEN ED Mathematics Elective		3			
<b>Total Credits</b>		<b>16</b>			
<b>SPRING</b>					
ENGL 101	Academic Writing II	3			
RECR 120	Leadership in Recreation	3			
RECR 220	Programming in Recreation and Leisure	3			
Restricted Elective <sup>4</sup>		3			
SUNY GEN ED The Arts Elective <sup>5</sup>		3			
FITN Elective		1			
<b>Total Credits</b>		<b>16</b>			
<b>SECOND YEAR</b>					
<b>FALL</b>					
ENGL 102 <b>OR</b> RECR 270	Approaches to Literature <b>OR</b> Wilderness and the American Culture	3			
RECR 150	Play Across Diverse Cultures	3			
RECR 210	Diversity and Inclusion in Recreation	3			
ENGL 201	Public Speaking	3			
Unrestricted Elective <sup>6</sup>		3			
<b>Total Credits</b>		<b>15</b>			
<b>SPRING</b>					
HLTH 205 <b>OR</b> FITN 102 <b>AND</b> FITN 216 <b>OR</b> RECR 140	First Aid and Safety Education <b>OR</b> Swimming II <b>AND</b> Lifeguard Training <b>OR</b> Wilderness First Aid <sup>7</sup>	1			
RECR 130 <b>OR</b> RECR 201 <b>OR</b> RECR 260	Foundations of Coaching: Principles and Theories <b>OR</b> Introduction to Therapeutic Recreation <b>OR</b> Camp Counseling and Outdoor Education <sup>8</sup>	3			
RECR 285	Recreation Field Work	3			
SUNY GEN ED World Languages Elective		3			
SUNY GEN ED US History and Civic Engagement <b>OR</b> World History and Global Awareness Elective		3			
<b>Total Credits</b>		<b>13</b>			
<b>Minimum Credits Required for Graduation: 60      A cumulative GPA of at least 2.0 is required for conferral of degree.</b>					
<sup>1</sup> A student exempted from ENGL 100 must substitute a three-credit unrestricted elective.					
<sup>2</sup> Students in the Therapeutic Recreation Track should take PSYC 103.					
<sup>3</sup> SUNY GEN ED Natural Sciences Elective - Students interested in Therapeutic Recreation or Coaching should take BIOL 101 <b>and</b> BIOL 102, or BIOL 104. A lab science should be considered based on the requirements of the student's selected transfer institution.					
<sup>4</sup> Restricted Elective: Students interested in Therapeutic Recreation should choose PSYC 209 or PSYC 263. Students interested in Coaching should take RECR 112. Students in the Business Management track should choose ACCT 101, BUAD 204, BUAD 208, or ECON 120.					
<sup>5</sup> Business Management track students should take ART 124. All other tracks can take any SUNY GEN ED The Arts course.					
<b>CONTINUED ON NEXT PAGE</b>					
<sup>6</sup> Unrestricted Elective: Consider CAPS as needed. Students interested in Therapeutic Recreation should take BIOL 201. Students in the Business Management track should choose ACCT 101, BUAD 103, BUAD 204, BUAD 208, or ECON 120. Students in the Coaching Track should take FITN 240 or SPMT 150.					

<sup>7</sup> Students who can provide a current Lifeguard and CPR Certification **OR** a First Aid Certification of Responding to Emergencies or higher **OR** a Wilderness First Aid Certification (or higher) **and** an Adult, Child, and Infant CPR Certification or higher can substitute an unrestricted elective. A waiver request form must be submitted and approved. Therapeutic Recreation and Coaching students should take HLTH 205.

<sup>8</sup> Students in the Therapeutic Recreation Track should take RECR 201. Students in the Coaching Track should take RECR 130. Students in the Management track can choose any of the three courses.